

# **2018 ANNUAL REPORT**

# 2018

2018 was a wonderfully busy year for Canopy Center! After a two-year search for new office space that would allow all of our programs and staff to again reside in one office, we found our new space at 2445 Darwin Road. We were able to build out the space to suit our needs for a trauma-informed office.

With a generous one-time grant from the Wisconsin Department of Justice Office of Crime Victim Services, we were able to purchase: new furniture in most of our direct service spaces such as the therapy rooms, supervised visitation rooms, and our reception area; therapy toys such as sand trays and miniatures, puppet theater, and fidget toys; kitchen items for our full kitchen that allows families coming for supervised visits to cook a meal for their child(ren); supervised visitation room items such as a dining table and chairs so families can eat together, nursery items for families with young kids, and an art room for families to create together; as well as, reception furniture that provides several areas for families to sit so they can be more comfortable, and a family/childcare room furniture and toys that allow kids to truly use their imagination through play. We were also able to set up a sensory room complete with loft, slide, tumble mats, giant foam pillows, little trampoline, two swings and a trapeze bar, weighed blankets and so much more to help children re-regulate their bodies so they are able to participate in other somatic therapy modalities.

Canopy Center held an Open House in November to show off our wonderful space and have received many comments about how warm and inviting the space is for families and professionals who come here. The greater satisfaction has come from the families and kids themselves who find the space to be calm, respectful, and inviting.

For the past seven years, Canopy Center has been co-located with another non-profit agency, Safe Harbor Child Advocacy Center. Thankfully, we were able to find space that has allowed us to be across the hall from one another now. We did this to allow families to see the clear separation of the two agencies since many families that we serve in our Oasis child sexual abuse program have first come to Safe Harbor for the forensic interview to aid in the investigation of the alleged abuse. We want children to see that they are coming for a different type of service when they enter Canopy Center's space. The collaboration with Safe Harbor has allowed us to identify gaps in service, such as the need for crisis counseling after, and sometimes before, the forensic interview to help mitigate acute trauma symptoms until the individual or family can be connected to longer term therapy services.

We are grateful to all of our stakeholders for their support of our work. It is a rewarding business, not in terms of money, but in terms of lives - the lives of children who have been abused, had their trust broken, been removed from their parent's care, been moved from one placement to another with little or no input. Seeing these children and teens heal, being able to advocate for their best interest with the courts, and seeing parents and kids work toward healthier relationship is the reason we do this work. We take pleasure in seeing the small steps because that is what healing looks like.

Sincerely,

Aorna The

Donna Fox, MSSW Executive Director

"Hope is the thing with feathers That perches in the soul And sings the tune without the words And never stops at all." — Emily Dickinson



### DANE COUNTY CASA

In 2018, 133 Court Appointed Special Advocate (CASA) volunteers served as the eyes of the court as they met weekly with their assigned child who was under the protection of the court due to child abuse/neglect and provided reports to the courts to aid in each child's safety, well-being and permanency. 130 children and teens were provided with 4,359 hours of services over the course of the year.

Teens served by the Dane County CASA program require support around gaining independence both in building skill sets (ex. financial or healthcare management) as well as opportunities (ex. college visits or obtaining a drivers license). Through general funding, CASA volunteers were provided specialized training and access to a wider array of resources which better equipped them to provide this support in 2018.

One CASA volunteers writes, "The most valuable aspect of my work is being able to witness the strength and resilience of children and families as they work towards their own path of healing. To walk alongside families as they navigate trauma is both a privileged and challenging role. My experience with Canopy Center has taught me not only the complex, interwoven devastation trauma can have on the brain and the body, but also highlighted the most hopeful parts of humanity as kids and families build their capacity for healing."



"Nothing you do for children is ever wasted."

- Garrison Keillor

### SEXUAL ABUSE TREATMENT for children

**208 children** received sexual abuse treatment in 2018, through weekly group and individual therapy in our **Oasis Program**. Oasis therapists provide individual therapy to children (from birth to 18 years old) who have experienced incest and sexual abuse using quality trauma-focused and play therapy. Oasis offers groups to children from elementary through high school ages. Alongside structured learning opportunities, group members experience the benefit of sharing personal experiences with peers of a similar age. Individual services are provided in English and Spanish.

I am not what happened to me, I am what I choose to become.



### SEXUAL ABUSE TREATMENT for non-offending parents

**92 adults** received weekly group, individual or family therapy for nonoffending parents and caregivers of children who have been sexually abused. Group therapy helps caregivers learn how to respond to the particular trauma-based needs of their children as well as to learn effective and protective strategies to parent their abild in the aftermeth of abuve. Groups in

child in the aftermath of abuse. Groups in particular are beneficial for caregivers to see that they are not alone, this has happened to other families, and that there are others who <u>understand from a very personal perspective</u>.

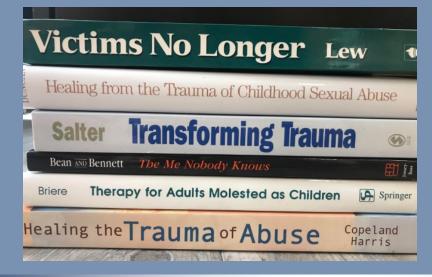


### SEXUAL ABUSE TREATMENT for adult survivors

In 2018, eight adult survivors of childhood sexual abuse participated in group therapy in the Oasis Program. These groups were facilitated by an Oasis Therapist and an Oasis intern. The winter spring cycle consisted of four individuals; two male and two female members. The group took a break during the summer months to focus on community outreach and prepare for the upcoming agency move. When the group resumed for the fall cycle, four women participated in the group.

This skills based group offers tools to help survivors manage trauma symptoms that have continued from childhood trauma. Education about the impact of trauma is a focus throughout the group curriculum. This group offers space for group members to share their personal experiences in safe environment with others who can relate to a topic that is often very isolating.

"This group created a safe place to explore this difficult subject. I've never experienced anything like this, and I'm very grateful to have had this opportunity."





### **PARENT TO CHILD** Supervised Visitation

Begun in 2015, the Parent to Child (P2C) program has been providing evening and weekend supervised visits for parents working with the Dane County Department of Human Services. In 2018, P2C provided 476 successful supervised visits to 79 clients. The program was able to provide this service with the help of 42 interns and volunteers contributing 3,142 hours of service.

Supervised visitation has been shown to greatly reduce the amount of time a child is in out-of-home care. We know from research that the trauma of being removed from the home can be nearly as bad as the trauma that caused the removal. Parents and children (and siblings) need regular contact to reduce the effects this separation is having on each member of the family.

The program is looking forward to 2019 when they will begin to serve private-pay clients as well!



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"ALONE, WE CAN DO SO LITTLE; TOGETHER, WE CAN DO SO MUCH"

### **COMMUNITY EDUCATION**

The Canopy Center provided community education on issues related to parenting, child abuse and neglect, and child sexual abuse.

HELEN KELLER

### **COLLABORATION**

In July 2011, Canopy Center and Safe Harbor Child Advocacy Center co-located to a new space on E. Washington Avenue. With complementary programming and space needs, each agency is able to more fully carry out our missions and serve our community.

Canopy Center also collaborated with Trinity Lutheran Church to allow us to move our Dane County CASA and administrative staff into offices in their building, and to provide programming space for Parent to Child.

In October 2018, the agency was able to move, along with Safe Harbor, to our current office space on Darwin Road in Madison.



### **2018 BOARD OF DIRECTORS**

### **EXECUTIVE COMMITTEE**

#### **Dennis O'Loughlin**

President Dane County Supervisor since April 2004

#### **Joe Hankey**

Vice-President CUNA Mutual Group since October 2015

#### Austin Streeper

Treasurer Financial Advisor, North Star Resource Group since Auugust 2013

#### **Nancy Winter**

Sectetary Attorney, The Law Center since Octover 2015

#### **Kevin Palmersheim**

Attorney Palmersheim Dettmann, SC since April 2004

### DIRECTORS

Carol Appleton Retired Educator since October 2015

## Margaret Koblinski Community Volunteer since October 2015

#### **Marty Mathias**

Accountant, SVA since October 2015

**Tommy Walls** Senior Director of Programs Boys and Girls Clubs of Dane County Since 2017

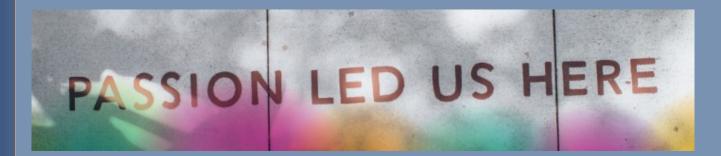
Henry Wilson Police Officer, City of Madison Since 2016

Lisa A. Woerpel Business Services Manager, Monona State Bank since July 2006

#### **2018 Board Meetings**

Meetings of the Canopy Center Board of Directors met at the main office of the agency at 1457 E. Washington Ave, Ste. 102 February through June, and at 2445 Darwin Road October through December. Meetings were held on February 15th, April 19th, June 21st, October 18th, and December 20th.

Meetings are held on the third Thursday of every other month, with the Annual Meeting in February.



### CONTRIBUTORS

#### Contracts and Grants:

Attic Angel Dane County Clerk of Courts Dane County Human Services Endres Manufacturing Co. Safe Harbor United Way of Dane County United Way of Dane County Wisconsin Dept. of Justice—VOCA

#### Individuals:

Aundrea Abernathy Vince & Michelle Affatati William & Marti Ager William & Marti Ager William & Marti Ager Elise Ahn Fred & Carol Appleton Faye Borchert Kristi & David Brereton Irene Brierley Dustin Brown Gail Campbell Rosemarie Carbino Sheila & Marcus Cohen Mary Beth Collins Bryan & Glenda Conrad Cathy Cornell Hildy Feen Donna & Joel Fox Claire Gervais & Davis Blouin David Gipson Lee Gottschalk Kerra & Bradley Guffey Liza Hahn Joe Hankey Deb Hanrahan

#### **Corporations & Agencies:**

Amazon Smile American Family Insurance Beejay Enterprises, LLC Costco Epic Epic Gundlach Family Fund Madison-Kipp Corporation Messiah Lutheran Church Network for Good Network for Good

#### In Kind Gifts:

Best Western Boulders Climbing Gym Broom Street Theater Bunky's Café Cave of the Mounds Cave of the Mounds Chicago Improv Comedy Club on State ComedySportz—Milwaukee Country Café Crayola Experience Crazy Lennys E-Bikes Daly Bar & Grill Elevation Salon & Spa Figge Art Museum Flemings Fly Over America Food Fight Restaurant Group

#### Major Event Sponsors:

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#### Foundations:

Jennie H. Olson Charitable Foundation, Inc. Jerome S. & Gracy Murray Foundation Madison Rotary Foundation Madison South Rotary Foundation The Evjue Foundation

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## **2018 STAFF**

#### **ADMINISTRATIVE STAFF**

Donna Fox, Executive Director Marti Ager, HR & Finance Manager Nicole Wells, Office Manager & Childcare Specialist Maria Khokhar, Volunteer Coordinator Bryan Davis, Development Director Sara Villareal, Cleaning Technician

#### COURT APPOINTED SPECIAL ADVOCATES, DANE COUNTY CASA

MEAGHAN HENRY, PROGRAM DIRECTOR MARIA KHOKHAR, ADMINISTRATIVE ASSISTANT JENNY HILLARD, CASE COORDINATOR ELIZABETH SCHATZ, CASE COORDINATOR JENNY WAGNER, CASE COORDINATOR

#### SEXUAL ABUSE TREATMENT SERVICES, OASIS PROGRAM

Michelle Ayres, Clinical Director Catherine Cornell, Senior Therapist Bri Deigan, Client Care Coordinator Courtney McCaw, Childcare Assistant Kate Essenburg, Therapist Holly Godar, Therapist Cecilia Goldschmidt, Latino-Families Therapist Ciara Krueger, Therapist Amy O'Brien, Therapist

#### **Parent to Child**

**Emmy Lita**, Program Director **Jennifer Bethel**, Case Manager & Volunteer/Intern Liaison **Noelle Hoppe**, Intake Coordinator



### VOLUNTEERS

The Canopy Center has a strong history of staffing the agency with a combination of paid and unpaid staff. Because we provide services for 14 hours a day every single day of the year, we rely heavily on the volunteer efforts provided by people in our community—on average, over 80% of our staff is volunteering their time. Our volunteers: co-facilitate parent, child, adolescent or teen support groups; provide child care; answer calls on the Parent Stressline; serve on the Board of Directors; co-facilitate adult, child, or adolescent sexual abuse treatment groups; help with meal preparation and clean-up; participate in special events; or assist in the office. We are so grateful for the efforts of our volunteers!

**Catherine Abel** Elise Ahn Marcia Albrecht Terri Alexander Laurie Allen Kayley Anderson Maria Andreakos Carol Appleton Valerie Arent Jean Armendariz-Kerr Jennifer Arndt Gabriela Arteaga Margaret Babe Carly Babino Rachel Bauman Karen Baylon Shelby Behnke Linda Bergh Brianna Bero Shareena Bishop Kietra Boley Haley Borgrud Kathleen Boucher LuAnne Bowens Jenna Braun **Brittany Bredl** Suzy Brewer Nicole Brys Nancy Buckwalter Hallie Butterer Cara Cicciarelli Daniel Cody Sophie Colt

Meghan Conlin **Raquel Contreras** Ellen Cook Julie Cutrell Emma Dahl Peter Dalgleish Valerie Daum Stephanie Davis Megan Diermeier Anna Dontie Laura Dries Anne Duffek Delaney Dustman **Emily Dynis** Diana Eisenberg Jasmin Elhindi Jasmine England Harvey Eustice Kleah Fernandez Mimi Finaer Nicole Finley Maureen Flanagan Allison Fonseca Mary Franson Abigail Freeman Michael Friedlander Teresa Gapinski Mary Gende Jessica Gile Ellen Goldstein Belinda Goodman Donna Graves Kris Gundlach

Joe Hankey Clare Hawthorne Jackie Haves Savannah Haynie Pamela Heggesta Megan Heimerman Jessica Hermsen Noah Hoeper Paisley Hoffman Megan Hofmeister Sebastian Hooker Abby Hoover Noelle Hoppe Maggie Huston Nati Israeli Katherine Johnson Nancy Johnson Naomi Jones Gail Jordan Leah Jorgensen Carrie Kahn Jackie Kaminski Karen Kane Julia Kariotis **Taylor Keding** Alexis Kellner Angela Kirsch Steven Klein Cecelia Klingele Joseph Kluber Margaret Koblinski Gordon Kochman Anastasia Konopacki



### **VOLUNTEERS CONT.**

Frank Koss Kathy Koss Darlene Kriesel Elizabeth Kunze Susan LaFlash Janette Langdon **Diane Langfitt** Jack Lemkuil Kate Leverich Brittany Lewin Joanna Liebl Katie Ligman **Emily Link** Heather Link Jackie Liska Erin Long Alyssa Luedtke Na Lynch-Shaw Tracey Lyons Lyn Macgregor Dennis Mack Miranda Manzanares Ben Marshall Marty Mathias Reba McClone Lisa McGuire Sinéad McHugh Barbara McKinney Erin Miller Maria Montello Alison Morrison Pajnag Moua **Kelsey Mullins** Ford Munn **Brittany Neal** Celeste Nemeth Nellieyah Ngai Mary Nielson Lillian Nimmer Wendy Novitzke Jennifer Nunez Anna O'Donnell Matt O'Donnell Dennis O'Loughlin Sara O'Loughlin Shannon O'Neill

Kevin Palmersheim Victoria Parker Lisa Parr Robin Phelps Lynne Pongetti Mimi Porat Daniel Portice Amy Pulda Mona Queoff Laurel Quinlan Nicole Randol Makenzi Rasmussen Sarah Rasmussen **Esther Raty** Kathleen Reilly Meaghan Reindl Alice Ripberger **Rick Rose** Amanda Ross Katie Roster Robin Roth Stephen Rovick Hannah Rueth Michael Sabaka Claire Schaible Nicole Schmidt Sue Schneider Melanie Schultz Tara Schuster Mafmudije Selimi Malorie Severn Xinxu Shen Ashley Shilling **Darlene Shirer** Christina Slatky Thomas Smith Alex Steele Lisa Steinkamp **Elyse Stelsel** Austin Streeper Carol Sun Susan Sunde Elizabeth Templeton Teymour Tomsyck Yi Tona Kristina Trastek

Julia Tymorek Sophia Van Dinter Kowiue Vana Stephen Vann Jackie Velasquez Elizebeth Voell Taylor Webb Karla Weber **Darby Weigel** Marcy Weiland Terri Weis **Emily Weiss** Lavne Wetherbee Michaela Wetley Bianca Whitney Lorie Wiessinger Nicole Williams-Buttery David Wilson Henry Wilson John Wilson Nancy Winter LeAnne Wintrode Lisa Woerpel Julie Wulff Shannon Yahn Sodie Yang Steven Yule Miranda Zahn Parris Zakarin Becky Zastrow Carla Zentmyer Terry Zickert Judy Zirkel

"The interior joy we feel when we have done a good deed is the nourishment the soul requires."

Albert Schweitzer



## FINANCIAL HIGHLIGHTS

SUPPORT and REVENUE Contracts and grants United Way of Dane County Contributions Fees Other	1,004,740 53,948 215,653 14,721 <u>6,012</u>	78% 4% 17% 1% negligible
Total support and revenue	\$1,295,074	
EXPENSES		
Program services Oasis Parent to Child Pilot Program Dane County CASA	581,123 164,412 311,308	55% 16% 29%
Total program services	\$1,056,843	% of total Expenses 88%
Supporting activities Administrative Fund Development	103,413 40,701	9% 3%
Total supporting activities	<u>144,114</u>	% of total Expenses 12%
Total expenses	\$1,200,957	
Net assets—beginning of year	271,737	
Net assets – end of year	\$365,854	

#### Monetary Value of Volunteer Services

Program or Service	Volunteer Hours	Monetary Value
Oasis	1662.45	\$41,046
Parent to Child	3142.5	\$77,588
CASA	4359.66	\$107,640
Special Events	382.25	\$9,438
Board of Directors	551	\$27,550
Attorney	17.3	\$6,920
Attorney's associate	63.1	\$15,171
TOTAL		\$285,352



### **OUR MISSION AND PHILOSOPHY**

Our mission is to help strengthen families and support children, teens, and adults impacted by trauma and adversity.

### WE BELIEVE:

- Every person has worth, dignity and potential for growth
- Every person deserves an opportunity to access resources to enhance their social, emotional and mental well-being
- Every person should have the opportunity for self-exploration, developing a sense of belonging and connection to community

"Our vision is to give every person an opportunity to have a voice in identifying and addressing their needs; and to provide social connections, to fully develop their sense of self and community."



