CANOPY CENTER HEALING AND FAMILY SUPPORT SERVICES 2015 ANNUAL REPORT



2015

2015, was a year of change. We said a very sad farewell to two programs due to funding shortages. The Families United Network program, formerly called Parents Anonymous, was the program that started the agency back in 1977. Likewise, the Family Sexual Abuse Treatment (FSAT), team treatment coordination program ended in July due to a full funding cut.

The loss of programs is never easy and it affects many lives. After respectfully closing those programs, we began to shift our vision to new opportunities.

In July 2015, in collaboration with Dane County Department of Human Services (DCDHS), we started a pilot project called Parent to Child. This program provides family interaction (supervised visitation) on weekday evenings and weekends to help parents maintain healthy attachment with their children as they work to do all of the things they need to do to get their children safely returned to their care, and to help mitigate some of the trauma the child(ren) may feel from being removed from their parent's care. This service is further strengthened by many trained volunteers and interns.

In early 2015, we were contacted by the Board of Directors for Dane County CASA. They were looking for a new home for this important service, one with strong leadership and infrastructure. On October 1, 2015, Dane County CASA became a program of Canopy Center following merger. The staff would remain in their office in the City-County building until Spring 2016 but they quickly assimilated to life at Canopy Center and being part of a bigger organization. It has been a wonderful partnership for all involved. The CASA program is affiliated with National CASA and recruits, trains and supervises volunteer Court Appointed Special Advocates who are matched with a child who is under the protection of the courts. CASA volunteers meet with their assigned child each week to build rapport and gain insight into the needs of the child. Also able to speak with other professionals in the child's life, such as teachers, therapists, doctor, etc., the CASA volunteers as the "eyes of the court" provide written reports to the court to address the child's safety, well-being and permanence. The court then uses this report in making important decisions that can affect the child's life forever.

Some fear change and others look for opportunities. I believe that change is inevitable, not always comfortable, and something that can bring about exciting prospects. I'm thankful for the new programming that we are able to provide with Parent to Child and Dane County CASA. I'm also mindful of the importance of the programs lost to the people we served over the past many years. We are grateful to have had the opportunity to know, support and strengthen so many families in Dane County, and look forward to doing so for many years to come.

Sincerely,

Aorna The

Donna Fox, MSSW Executive Director



FAMILIES UNITED NETWORK PROGRAM

PARENT SUPPORT

31 parents participated in the **FAMILIES UNITED NETWORK PROGRAM (F.U.N.)**, all on a voluntary basis, to improve their parenting skills and change the course of parenting in their family for generations to come. Using a guided self-help model, parents meet weekly in English-language or Spanish-language groups to address the issues in their lives that affect their parenting. The goal of the

program is to help families be safe, strong, stable and nurturing and to allow children and parents to grow to their full potential.





CHILD ADVOCACY AND SUPPORT

73 youth participated weekly in **FAMILIES UNITED NETWORK PROGRAM** support groups. While their parents are in parent support groups, the child and teen members of the family are working with others their same age to build resiliency and address the complexities of growing up today. Through activities in their

support groups and out in the community, youth in the program address such issues as self-esteem, racism, domestic violence, body image, family dynamics, peer pressure, sexual activity, drug use, and academic performance.



PARENT STRESSLINE

The **PARENT STRESSLINE** is a confidential and anonymous service available from 8:00am to 10:00pm **daily** for parents and caretakers who are experiencing stress, need family resources, or who just need someone to listen. In the early morning hours and the late evening and night, when other resources are not available, the Parent Stressline provides immediate access to direct service. The

Parent Stressline is an effective measure in reducing the stress in families that can lead to child abuse and neglect. The Parent Stressline is available in English with a weekly Spanish language shift. In 2015, our Parent Advocates answered **2,620 calls** on the Parent Stressline.







YOU CALL. WE LISTEN. PARENT ADVOCATES ARE READY

008.241.2221

PARENT STRESSLINE 8 AM - 10 PM DAILY

> Línea de Estrés en español Domingo 7 pm - 10 pm

SEXUAL ABUSE TREATMENT for children

125 children received sexual abuse treatment in 2015, through weekly group and individual therapy in our **OASIS PROGRAM**. We work with children ages five through

eighteen who have been sexually abused by someone they know and should have been able to trust. Group therapy helps children heal, and reduces the short term and long term effects of sexual abuse. Breaking isolation helps children incorporate the experience of sexual abuse into their lives in a healthy manner. Treatment includes a variety of methods and activities to engage youth in their healing process. Groups are provided in Spanish and English.





SEXUAL ABUSE TREATMENT for non-offending parents



75 adults received sexual abuse treatment through weekly group therapy in our **Oasis Program**. Non-offending **parents and caregivers** of children who have been sexually abused by someone they know and trusted work to increase the healthy functioning of their families, learn more effective and protective strategies to parent their child and learn how to incorporate the experience of the sexual abuse into their lives in a manner that reduces the short-term and long-term effects as well as the cycle of sexual abuse. Parent groups are provided in English and in Spanish.

DANE COUNTY CASA

In 2015, 147 Court Appointed Special Advocate (CASA) volunteers served as the eyes of the court as they met weekly with their assigned child who was under the protection of the court due to child abuse/neglect and provided reports to the courts to aid in each child's safety, well-being and permanency. 102 children and teens were provided with 13,952 hours of services over the course of the year.

Dane County CASA, once a stand-alone non-profit on its own, merged into Canopy Center on October 1, 2015. This merger has strengthened and enhanced both the CASA program and Canopy Center as a whole.



TEAM TREATMENT COORDINATION

Family Sexual Abuse Treatment (FSAT) provides team treatment coordination, to strengthen therapeutic services and facilitate communication between professionals working with various members of the same family. In 2015, 18 cases were served by this program which provided 41staffings.



COMMUNITY EDUCATION



The Canopy Center provided community education on issues related to parental stress, parenting, child abuse and neglect and child sexual abuse. In 2015, we provided 15 workshops and conferences reached 769 people in Dane County and across the country.

COLLABORATION

In July 2011, Canopy Center and Safe Harbor Child Advocacy Center colocated to a new space on E. Washington Avenue. With complementary programming and space needs, each agency is able to more fully carry out our missions and serve our community.

Canopy Center also collaborated with Trinity Lutheran Church to allow us to provide our Families United Network program in their spacious building, with full commercial kitchen.

2015 BOARD OF DIRECTORS

EXECUTIVE COMMITTEE

Dennis O'Loughlin

President Dane County Supervisor since April 2004

Joe Hankey

Vice-President 4H Youth Development Educator since October 2015

Austin Streeper

Treasurer Financial Advisor since Auugust 2013

Nancy Winter

Sectetary Attorney, The Law Center since Octover 2015

Kevin Palmersheim

Attorney Haley Palmersheim since April 2004

2015 Board Meetings

Meetings of the Canopy Center Board of Directors at the main office of the agency at 1457 E. Washington Ave, Ste. 102. Meetings were held on February 19th, June 18th, August 20th, and December 15th. Meetings are held on the third Thursday of the month, with the Annual Meeting in February.



DIRECTORS

Carol Appleton

Retired Educator since October 2015

Carol Faynik

Psychotherapist, Family Therapy Center since July 2013

Connie Ferris Bailey

YouthBuild Coach since May 2004

Scott Hoerth

Commercial Banker, Associated Bank since October 2015

Margaret Koblinski

Community Volunteer since October 2015

Marty Mathias

Accountant, SVA since October 2015

Ashley Nelson, DC

Chiropractor, Renewed Life Chiropractic since February 2013

Rev. Sue Schneider

Pastor, Trinity Lutheran Church since September 2011

Lisa A. Woerpel

Business Services Manager, Monona State Bank since July 2006

CONTRIBUTORS

Contracts and Grants

City of Madison Dane County Human Services Madison Rotary Safe Harbor - Safe Step United Way of Dane County Wisconsin Dept. of Justice—VAWA Wisconsin Dept. of Justice—VOCA

Individuals:

Fred & Carol Appleton Robert Bacci John Blimling Dustin Brown Rosemarie Carbino Jessica Carrier Eric Castleberg Mary Cornell Paul Cranley Margaret Davey Carrie Davis William Ehrhardt & Jessica Bartell Vincent Fish

Corporations & Agencies:

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Major Event Sponsors:

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Made You Look Custom Tattoo Reinhart Boemer Van Deuren S.C.

Ella's Deli Coreen & Steve Fallat Fat Jack's J. Flanders Food Fights Restaurant Group Judy Fowler Brett Gehing Wendy Gouring, Gap Kids 9656 Great Dane Pub & Brewing Co. Harley Davidson Museum Ho Chunk Casino Hubbard Avenue Diner Natalie Isensee Just Coffee Cooperative Kesslers Diamond Klinke Cleaners **Kneaded Relief** Beau & Jessica Lane Lynn Lemberger Madison Children's Museum Madison Museum of Contemporary Art Madison Symphony Orchestra Madison Yoga Studio

Kevin Palmersheim Robin Park-Doob Jane Phelps Connie Poarch & James Graves Leslie Shear Jodi Vander Molen James Vogel Rhonda Voigt Nancy Winter Brian Worden Houa Yang

Sacred Heart School

Madtown Twisters Ocean Joy Meir Merchant Milward Farrell Fine Art Monkey Bar Gym Orange Tree Imports Pacific Cycles Princeton Club Rejuvenation Spa Joanne Reuter Shedd Aquarium Skydeck Chicago Spredfast Summit Credit Union Ten Pin Alley Thorps Ultra Zone UW Health West Towne Clinic The Vinery Stained Glass Studio Vitense Golfland Wine and Hop Shop Wisconsin Union Theater

2015 STAFF

ADMINISTRATIVE STAFF

Donna Fox, Executive Director Marti Ager, HR & Finance Manager Claudia O'Connor, Volunteer & Childcare Coordinator

COURT APPOINTED SPECIAL ADVOCATES, DANE COUNTY CASA

KELSEY TELEGA, PROGRAM COORDINATOR MEAGHAN HENRY, CASE COORDINATOR KIM OLSON, CASE COORDINATOR

SEXUAL ABUSE TREATMENT SERVICES, OASIS PROGRAM

Catherine Cornell, Clinical Director Vanessa Watson, Administrative Assistant Michelle Ayres, Therapist Noelia Breitman, Latino-Families Therapist Mary Martinco, Therapist Lucy McLellan, Therapist

PARENT STRESSLINE

Jennifer Bethel, Program Coordinator Emmy Lita, Program Administrator Ashley Jordan, Parent Advocate

Family Interaction, Parent to Child

Emmy Lita, Program Director **Jennifer Bethel**, Case Manager & Volunteer/Intern Liaison



VOLUNTEERS

The Canopy Center has a strong history of staffing the agency with a combination of paid and unpaid staff. Because we provide services for 14 hours a day every single day of the year, we rely heavily on the volunteer efforts provided by people in our community—on average, over 80% of our staff is volunteering their time. Our volunteers: co-facilitate parent, child, adolescent or teen support groups; provide child care; answer calls on the Parent Stressline; serve on the Board of Directors; co-facilitate adult, child, or adolescent sexual abuse treatment groups; help with meal preparation and clean-up; participate in special events; or assist in the office. We are so grateful for the efforts of our volunteers!

Carol Appleton Body Ayres-Willhelm Izzy Ayres-Willhelm Mollie Barden Lindsay Bates Natasha Baumhak Nicolette Begeman Jennifer Bell Allison Bender Linda Bergh Marla Bergh Rachel Bergh Kimberly Bevers Lauren Biro Crosby Blake-Leibowitz Cary Bloodworth Cara Brasted Jocelyn Braun **Rachel Breger Chrstina Briggs** Elizabeth Brooks **Tess Brooks** Cecile Brown **Dustin Brown** Hannah Brown Sarah Brown Kelley Burch-Tormoen Alexa Carl Odessa Cheesid Alan Chen Meghan Conlin Joseph Converse

Ellen Cook Daphne Cullen Stephanie D'costa Mariah Deltour Lizzy DeRoche Lauren Dittmann Anna Dontie Taylor Dorlack Teri Dummer Diana Eisenberg **Caroline Enderlin** Melissa Ertl Carol Faynik Connie Ferris Bailey Donetta Foxx Hayley Freimuth Lizzy Garcia Jessica Gile Chris Goers Cecilia Goldschmidt Jennifer Gregor Stephanie Grinwald Pamela Gu Samantha Haase Anna Hahm Keith Hampton Joe Hankey Ashley Hawkins Jenna Hensel Colleen Hickman Melanie Hobbs Scott Hoerth

Paisley Hoffman Tara Hoffman **Emily Hosokawa** Jenny Hse Sue Humphrey Lexi Irvin Jill Jacklitz Imani Jackson **Emily Jaeger** Allie Jeka Ashley Jordan Petra Jungbluth Jill Karofski Anastasia Kathrens Charlotte Kazlauskas **Taylor Keaton** Leah Keisler Kathy Kemnitz Ellie Kiecker Morgan King Margaret Koblinski Shayla Krecklow Claire Kluge Martin Lackey, Sr. **Brandy Lamb** Stephanie Larson Brittany Lewin Shiying Li Sarah Liffmann Sarah Lindner Emiy Link Will Lipske



VOLUNTEERS CONT.

Cynthia Liu Sarah Lowery Mary Martinco Jessye Maso Stephanie Mather Marty Mathias Mary McDonnell Maggie McGlenn Katherine Meier Eliza Mever Alex Mickle Aislyne Miller Annie Miller Leigh Mills Neil Mitchell Maria Montello Olivia Moore Liza Morrow Erin Mortenson Demi Mroz Ford Munn Robin Nathan Ashley Nelson Margo Nelson Nicole Nelson Whitney Nelson Julia Nider Mary Nielson Bryan Nowicki Barbara Nunez Jennifer Nunez Amy O'Brien Dennis O'Loughlin Amanda Padlo Kate Palmer Kevin Palmersheim Joe Parisi Linda Passaglia Khushboo Patel Sue Patterson Juliet Pellicane **Cory-Anne Peterson** Robin Phelps Chevonne Pollard

Nathan Pollnow Laura Raicu Arundathi Rao Brianna Reising Sherina Riggins-Gould Jed Roher Maura Ross Jen Rubin Tamar Rubin-Calvert Kayla Ryman Donnette Sainsburg Nick Sanek **Brittany Scheberl** Susan Schneider Dana Scholl Allison Schroeder Ava Schroeder Donna Schroeder Becca Schultz **Beverly Schultz** Jennifer Schultz Sue Schulze Mary Ellen Schutz Leslie Shear **Darlene Shirer** Kyra Sido Paige Siehr Jana Smith Laura Sommers Melissa Sorenson Austin Streeper Susan Sunde Lara Sutherslin Ruby Sutherslin-Sovern Aurelie Tauzin **Courtney Thom** Hailey Thompson **Brandon Tillman** Pam Trickel Michelle Tsonis Becca Tuholski Kristin Turnquist Madeline Tyner Kelly Van Erman

Renee Vanden Heuvel Logan Wacker Vishavjot Waraich Wish Waraich Heather Watts Karla Weber Xinyi Wei Marcy Weiland Shauna Weiskotten Megan Wendy Tricia Wheeler Anna Whiteman Graham Willhelm **Nicole Williams** Nancy Winter Lisa Woerpel Carrie Xiong Penny Xiong Steven Yule Miranda Zahn Dakota Zarak Angelina Ziegler **Tony Zoeteman** Janice Zumsteg

"The interior joy we feel when we have done a good deed is the nourishment the soul requires."

Albert Schweitzer



FINANCIAL HIGHLIGHTS

SUPPORT and REVENUE Contracts and grants United Way of Dane County Contributions Contribution from acquisition Fees Other	372,567 111,179 97,271 33,400 22,940 <u>376</u>	58% 17% 15% 5% 4% negligible
Total support and revenue	\$637,733	
EXPENSES		
Program services Oasis Families United Network Parent Stressline Family Sexual Abuse Treatment Parent to Child Pilot Program Dane County CASA Total program services	284,509 52,905 67,427 11,197 18,611 41,787 \$476,436	49% 9% 12% 2% 3% 7% % of total Expenses 82%
Supporting activities Administrative Fund Development	86,483 14,577	15% 3%
Total supporting activities	<u>101,060</u>	% of total Expenses 18%
Total expenses	\$577,496	
Net assets—beginning of year	60,255	
Net assets – end of year	\$148,336	

Monetary Value of Volunteer Services



OUR MISSION AND PHILOSOPHY

The mission of Canopy Center is to prevent child abuse and neglect, strengthen families, and promote healing of those affected by abuse, through the provision of culturally competent and diverse professional, volunteer and peer services.

WE BELIEVE:

- Every person has worth, dignity and potential for growth.
- Every person needs positive social contacts to fully develop their potential and their sense of worth.
- People deserve the opportunity to change failures, struggles and challenges into a growth experience.
- People have a responsibility for themselves, their families and their community.
- People can heal from negative experiences with appropriate treatment and support.
- Child abuse, neglect and family violence can have serious, long lasting, negative effects on the growth of children and the health of families, communities and society.
- The cycle of child abuse can be broken.

