

2017 ANNUAL REPORT



2017

2017 was a year of learning and growing. Thanks to a grant from the WI Department of Justice for Victims of Crime, our Oasis and Dane County CASA programs expanded to serve more children effected by child sexual abuse, physical abuse and neglect in the Dane County area.

The level of growth pushed us beyond the borders of our office space, so six staff members, including me, took up residence in office space at Trinity Lutheran Church. While this solved our short-term needs, we knew we needed to find a larger space to accommodate all of our staff and programming. 2017 brought with it many tours through available space to find one that worked for all.

For the past seven years, Canopy Center has co-located with Safe Harbor Child Advocacy Center. This co-location allowed us to dovetail our services for the benefit of our mutual clients. Following a forensic interview with Safe Harbor, those families interested in pursuing therapy are sent to our Oasis program therapists for a mental health assessment (called Safe Steps) to determine each person's therapy needs and link them with the appropriate services. We identified the need of some families for crisis counseling after, and sometimes before, the forensic interview to help mitigate acute trauma symptoms until the individual or family could be connected to longer term therapy services. In addition, as of 2016/2017, Safe Harbor has also utilized our therapists to work more closely with teens coming through the forensic interview process to serve as their advocate. For all of these reasons and more, Canopy Center and Safe Harbor are determined to stay together in a new office space come 2018, because it is in the best interest of those we serve.

2017 was a year of introspection. Through a full strategic planning process we outlined what needs to change or be enhanced so we have a strong infrastructure, programming, staff, and governing body. Through this process we drafted a new mission, belief and vision statement (see back cover of this report). We also worked with a graphic designer to select a new logo! We are so happy about our new tree with three colors of leaves to represent our three programs. It is colorful, vibrant, and sturdy. We are excited for 2018 so we can start to implement or explore the areas of change we have outlined in this process as a full staff and board effort.

I felt that the Parent Stressline was the one program that needed to examine more closely. With a declining overall number of callers, more repeat callers with mental health issues or grandparents calling about their adult children, we tried to determine what may be at the core of the issue. What we found is that more young parents in their 20's and 30's are looking to other outlets to meet their parenting needs. These may be texting services, online parenting sites, and social media. As a result of our assessment, and after 40 years of service to Dane County, the Parent Stressline ended on 12/31/17 at 10:00 p.m. We will maintain a list of alternate resources on our website for as long as individuals are accessing that page as our commitment to families remains strong.

2018 stands to be an exciting year. Looking ahead to new challenges is important but stopping to take a look at what we have already accomplished is heartening. The work we do is challenging. The stories we hear are often heart breaking. The fact that we can be the positive force to help children and their families is truly what drives us forward and makes it all worthwhile.

Sincerely,

Donna Fox, MSSW Executive Director

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"The best way to not feel hopeless is to get up and do something. Don't wait for good things to happen to you. If you go out and make some good things happen, you will fill the world with hope, you will fill yourself with hope."

— Barack Obama



DANE COUNTY CASA

In 2017, 109 Court Appointed Special Advocate (CASA) volunteers served as the eyes of the court as they met weekly with their assigned child who was under the protection of the court due to child abuse/neglect and provided reports to the courts to aid in each child's safety, well-being and permanency. 115 children and teens were provided with 3,277 hours of services over the course of the year.

Teens served by the Dane County CASA program require support around gaining independence both in building skill sets (ex. financial or healthcare management) as well as opportunities (ex. college visits or obtaining a drivers license). Through general funding, CASA volunteers were provided specialized training and access to a wider array of resources which better equipped them to provide this support in 2017.

In October of 2016 Dane County CASA began receiving funding from the Department of Justice through a Victims of Crime Act grant. This grant both provides a foundation for the services offered, as well as the ability to expand the number of children served annually. In 2017 we saw an increase from 96 children served in 2016, to 115 children served in 2017.



SEXUAL ABUSE TREATMENT for children

209 children received sexual abuse treatment in 2017, through weekly group and individual therapy in our **Oasis Program**. Oasis therapists provide individual therapy to children (from birth to 18 years old) who have experienced incest and sexual abuse using quality trauma-focused and play therapy. Oasis offers groups to children from elementary through high school ag-

sis offers groups to children from elementary through high school ages. Alongside structured learning opportunities, group members experience the benefit of sharing personal experiences with peers of a similar age. Individual services are provided in English and Spanish.







SEXUAL ABUSE TREATMENT for non-offending parents



93 adults received weekly group, individual or family therapy for non-offending parents and caregivers of children who have been sexually abused. Group therapy helps caregivers learn how to respond to the particular trauma-based needs of their children as well as to learn effective and protective strategies to parent their child in the aftermath of abuse. Groups in particular are beneficial for caregivers to see that they are not alone, this has happened to other families, and that there are others who understand from a very personal perspective.

PARENT TO CHILD Supervised Visitation

Begun in 2015, the Parent to Child (P2C) program has been providing evening and weekend supervised visits for parents working with the Dane County Department of Human Services. In 2017, P2C provided 651 successful supervised visits to 45 parents. The program was able to provide this service with the help of 42 interns and volunteers contributing 5,470 hours of service.

Supervised visitation has been shown to greatly reduce the amount of time a child is in out-of-home care. We know from research that the trauma of being removed from the home can be nearly as bad as the trauma that caused the removal. Parents and children (and siblings) need regular contact to reduce the effects this separation is having on each member of the family.







PARENT STRESSLINE

The **Parent Stressline** is a confidential and anonymous service available from 8:00am to 10:00pm **daily** for parents and caretakers who are experiencing stress, need family resources, or who just need someone to listen. In the early morning hours and the late evening and night, when other resources are not available, the Parent Stressline provides immediate access to direct service. The Parent Stressline is an effective measure in reducing the stress in

families that can lead to child abuse and neglect. The Parent Stressline is available in English with a weekly Spanish language shift. In 2017, our Parent Advocates answered **1555 calls** on the Parent Stressline.

In analyzing our numbers served in this program, we determined that we were no longer receiving enough calls to the line to justify continuing this service. For many years fund

the line to justify continuing this service. For many years funding sources have slowly been cutting funds for the line and the agency could no longer justify it based on the numbers served. It was determined that most calls to the line were coming from grandparents rather than the young parents we have historically served. With the popularity of social media it seems the parents we hoped to serve were turning to text sites and websites with their urgent questions or concerns. With all of this data, the Board made the difficult decision to shut down the line after 40 years of service to the Dane County community. We will continue to maintain a page on our website to provide parents with resources.







COMMUNITY EDUCATION

The Canopy Center provided community education on issues related to parenting, child abuse and neglect, and child sexual abuse. In 2017, we provided 28 workshops and conferences reached 1431 people in Dane County and across the country.



COLLABORATION

In July 2011, Canopy Center and Safe Harbor Child Advocacy Center colocated to a new space on E. Washington Avenue. With complementary programming and space needs, each agency is able to more fully carry out our missions and serve our community.

Canopy Center also collaborated with Trinity Lutheran Church to allow us to move our Dane County CASA and administrative staff into offices in their building, and to provide programming space for Parent to Child.

2017 BOARD OF DIRECTORS

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President

Dane County Supervisor since April 2004

Joe Hankey

Vice-President
CUNA Mutual Group
since October 2015

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Nancy Winter

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Kevin Palmersheim

Attornev

Haley Palmersheim since April 2004

DIRECTORS

Carol Appleton Retired Educator since October 2015

Scott Hoerth

Commercial Banker, Associated Bank since October 2015

Margaret Koblinski

Community Volunteer since October 2015

Marty Mathias

Accountant, SVA since October 2015

Rev. Sue Schneider Pastor, Trinity Lutheran Church since September 2011

Tommy Walls
Senior Director of Programs
Boys and Girls Clubs of Dane County
Since 2017

Henry Wilson Police Officer, City of Madison Since 2016

Lisa A. WoerpelBusiness Services Manager, Monona State Bank since July 2006

2017 Board Meetings

Meetings of the Canopy Center Board of Directors met at the main office of the agency at 1457 E. Washington Ave, Ste. 102. Meetings were held on February 16th, April 27th, August 17th, October 19th, and December 14th. Meetings are held on the third Thursday of every other month, with the Annual Meeting in February.

"Love is not patronizing and charity isn't about pity, it is about love. Charity and love are the same -- with charity you give love, so don't just give money but reach out your hand instead."

— Mother Teresa

CONTRIBUTORS

Contracts and Grants:

Dane County Clerk of Courts Dane County Human Services Madison Rotary Safe Harbor United Way of Dane County Wisconsin Dept. of Justice—VOCA

Individuals:

Fred and Carol Appleton
Robert Bacci
Doug Baker
Jason Bartel
Kathleen Boucher
Darrell and Amy Brauns
Irene Brierley
Rosemarie Carbino
John Comerford
Jon Cornell
Mary Cornell
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In Kind Gifts:

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Art Gecko
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Beer Cap Maps
Ben Frawley
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Bonfyre American Grille
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2017 STAFF

ADMINISTRATIVE STAFF

Donna Fox, Executive Director

Marti Ager, HR & Finance Manager

Sean Radcliffe, Office Manager & Childcare Specialist

Lia Stratton, Volunteer Coordinator

COURT APPOINTED SPECIAL ADVOCATES, DANE COUNTY CASA

MEAGHAN HENRY, PROGRAM DIRECTOR
LIA STRATTON, ADMINISTRATIVE ASSISTANT
JENNY HILLARD, CASE COORDINATOR
ELIZABETH SCHATZ, CASE COORDINATOR

SEXUAL ABUSE TREATMENT SERVICES, OASIS PROGRAM

Catherine Cornell, Clinical Director
Makenzi Rasmussen, Administrative Assistant
Michelle Ayres, Therapist & Clinical Intern Coordinator
Kate Essenburg, Therapist
Holly Godar, Therapist
Cecilia Goldschmidt, Latino-Families Therapist
Amy O'Brien, Therapist
Marco Torrez, Therapist

PARENT STRESSLINE

Jennifer Bethel, Program Director Emmy Lita, Program Administrator Ashley Jordan, Parent Advocate

Parent to Child

Emmy Lita, Program Director **Jennifer Bethel**, Case Manager & Volunteer/Intern Liaison



VOLUNTEERS

The Canopy Center has a strong history of staffing the agency with a combination of paid and unpaid staff. Because we provide services for 14 hours a day every single day of the year, we rely heavily on the volunteer efforts provided by people in our community—on average, over 80% of our staff is volunteering their time. Our volunteers: co-facilitate parent, child, adolescent or teen support groups; provide child care; answer calls on the Parent Stressline; serve on the Board of Directors; cofacilitate adult, child, or adolescent sexual abuse treatment groups; help with meal preparation and clean-up; participate in special events; or assist in the office. We are so grateful for the efforts of our volunteers!

Elise Ahn Marcia Albrecht Ashley Albright Terri Alexander Laurie Allen Jessica Ammann Carol Appleton Jean Armendariz-Kerr

Jennifer Arndt Margaret Babe Carly Babino Appolonia Barnett

Linda Bergh Brianna Bero Kietra Boley Kathleen Boucher LuAnne Bowens Maria Brelis-Schirmer

Suzy Brewer Christina Briggs Jacqueline Brinkman **Ashley Brooks** Katherine Brophy

Cecile Brown Nancy Buckwalter

Seah Buttar Julia Carlson Becky Chen Daniel Cody Meghan Conlin Ellen Cook Jennifer Cotter

Emma Dahl

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Abigail Freeman Michael Friedlander

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Noelle Hoppe

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Sara Hyen

Nati Israeli

Amit Israeli

Kayla Jischke

Nancy Johnson

Gail Jordan

Leah Jorgensen

Carrie Kahn

Karen Kane

Erin Kasik

Anastasia Kathrens-

Callardo Taylor Keding



VOLUNTEERS CONT.

Sara Kirmis Angela Kirsch Magda Kmiecik Margaret Koblinski Gordon Kochman Anastasia Konopacki

Anastasia Konop Frank Koss Kathy Koss Darlene Kriesel Ciara Krueger Elizabeth Kunze Susan LaFlash Brandy Lamb

Janette Langdon Diane Langfitt Tami Lanier

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Ben Marshall Mollie Martin Marty Mathias Barbara McKinney Sanjli Mehta Carolyn Meissner

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Ford Munn Bridget Murphy Brittany Neal

Whitney Nelson Mary Nielson Lillian Nimmer Nicole Noltemeyer

Wendy Novitzke Bryan Nowicki

Jennifer Nunez

Anna O'Donnell Dennis O'Loughlin

Shannon O'Neill

Katie Palmer

Kevin Palmersheim

Victoria Parker

Lisa Parr Robin Phelps

Chevonne Pollard

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Kathleen Reilly

Sandra Reinardy Briggs Richmond

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Nicole Schmidt Sue Schneider

Molly Schommer Melanie Schultz

Tara Schuster

Mary Ellen Schutz Ruthanna Seidel

Mafmudije Selimi

Xinxu Shen Melissa Shi

Theresa Shim

Darlene Shirer

Claire Skille Christina Slatky

Jill Sorden Alex Steele

Brianna Steger Austin Streeper

Nicole Stuckey Susan Sunde

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Olga Tymouch

Kowjue Vang Jackie Velasquez

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Leah Webb-Halpern

Karla Weber

Marcy Weiland

Terri Weis

Michaela Wetley

Bianca Whitney Becca Wilbershide

Marybeth Wilk

Casey Will

Nicole Williams-Buttery

Henry Wilson Nancy Winter LeAnne Wintrode

Lisa Woerpel Julie Wulff

Maimoua Xiong Steven Yule

Miranda Zahn Becky Zastrow

Terry Zickert Judy Zirkel

"The interior joy we feel when we have done a good deed is the nourishment the soul requires."

Albert Schweitzer



FINANCIAL HIGHLIGHTS

SUPPORT and REVENUE Contracts and grants United Way of Dane County Contributions Fees Other Total support and revenue	840,495 61,710 150,619 20,204 395 \$1,073,423	78% 6% 14% 2% negligible
EXPENSES		
Program services Oasis Parent Stressline Parent to Child Pilot Program Dane County CASA	481,860 57,827 77,827 257,544	48% 6% 8% 26%
Total program services	\$875,058	% of total Expenses 88%
Supporting activities Administrative Fund Development	92,205 27,437	9% 3%
Total supporting activities	<u>119,642</u>	% of total Expenses 12%
Total expenses	\$994,700	
Net assets—beginning of year	185,764	
Net assets — end of year	\$271,737	

Monetary Value of Volunteer Services	Program or Service	Volunteer Hours	Monetary Value
	Parent Stressline	3173	\$76,596
	Childcare and reception	647.7	\$15,635
	Oasis	2884.25	\$69,626
	Parent to Child	5470	\$132,046
	CASA	3276.82	\$79,102
	Special Events	238	\$5,745
	Administration	200	\$4,828
	Board of Directors	431.5	\$21,575
	Graphic Designer	25	\$1,250
	Attorney	19.8	\$7,920
	Attorney's associate	12.3	\$3,220
	TOTAL		\$417,544



OUR MISSION AND PHILOSOPHY

Our mission is to help strengthen families and support children, teens, and adults impacted by trauma and adversity.

WE BELIEVE:

- Every person has worth, dignity and potential for growth
- Every person deserves an opportunity to access resources to enhance their social, emotional and mental well-being
- Every person should have the opportunity for self-exploration, developing a sense of belonging and connection to community

"Our vision is to give every person an opportunity to have a voice in identifying and addressing their needs; and to provide social connections, to fully develop their sense of self and community."

